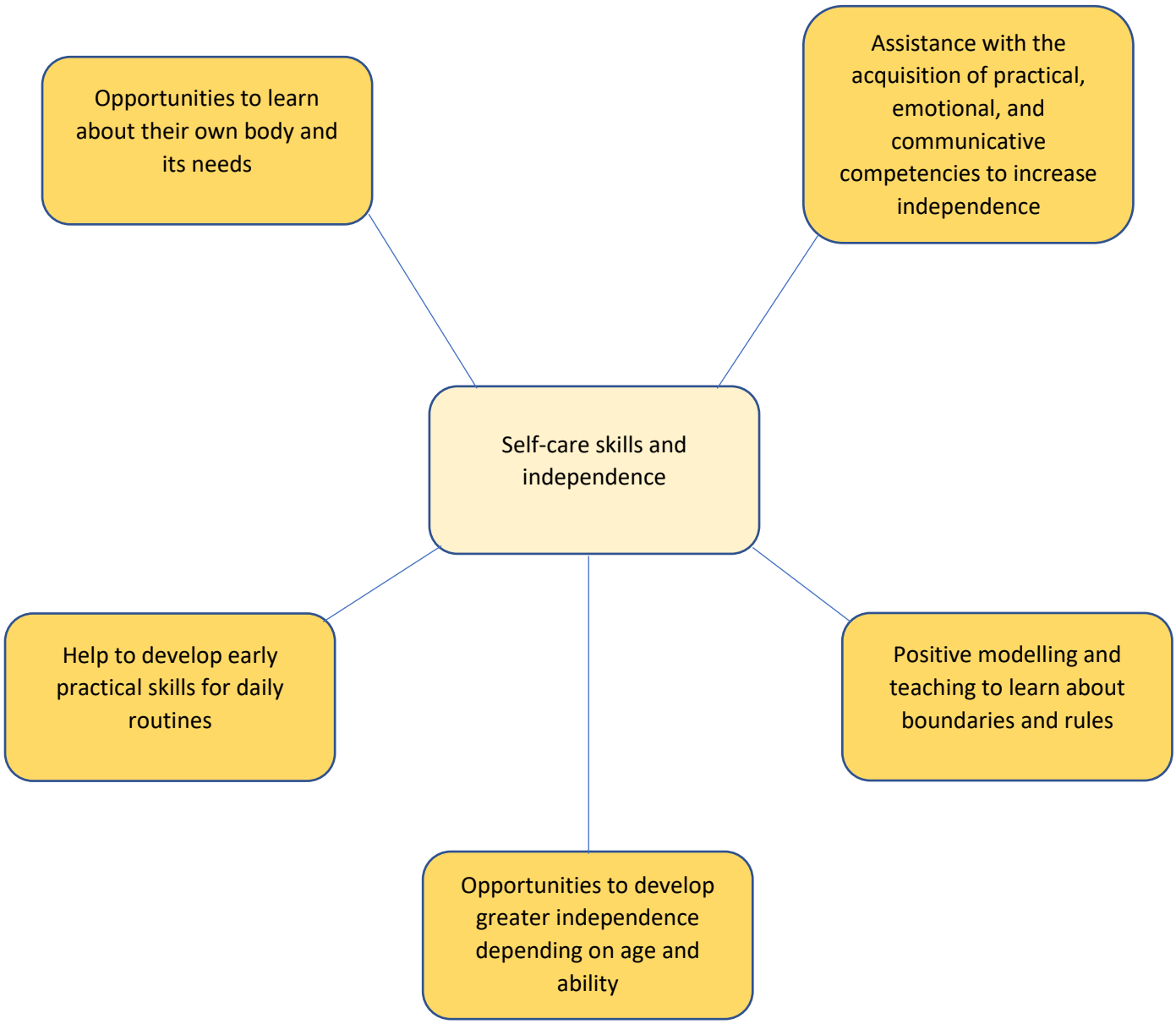6 - Self-care skills and independence